



Tí Chulainn



Destination for your Team-building & Pre-season trips

Tí Chulainn accommodation and team facilities in South Armagh are now taking group bookings for late 2009 and the 2010 season.

Tí Chulainn is a not for profit community organisation and has strong links to all local Gaelic Athletics Clubs.

As a community run organisation, like the GAA, Tí Chulainn recognises the importance providing value for money whilst giving back to the local area. Tí Chulainn can provide your Club or County with a cost effective package, making use of our local connections.

Team-building and pre-season group trips are now seen as a key element of preparation for the season to come. It is not only county teams that are embracing this technique, club teams of all ages are investing in team-building trips as a method to build team spirit, to get 'the edge' over rivals and take the chance to train in a new environment.

Tí Chulainn offers state of art conference facilities and en-suite accommodation with very attractive group booking packages. The centre is located in Mullaghbawn, 20 minutes drive from Newry or Dundalk, and less than an hour from Dublin. It is within a peaceful rural setting at the foot of Slieve Gullion, a mountain used extensively by local GAA teams as a natural training facility.

Take the chance to bring your team into a beautiful, tranquil area, steeped in culture, folklore and history where the people live and breathe Gaelic Games.



Tí Chulainn can accommodate groups of up to 32 people and can offer the following facilities on site:

- A 70 seat audio visual theatre; ideal for team-talks, lectures, video displays etc.
- On site caterers; all meals and packed lunches can be provided, all dietary requirements catered for
- WIFI internet access is available in the lobby
- A licensed bar can be made available at the request of groups
- Ample on-site parking
- 2 Conference / Meeting rooms
- A large performance area; ideal for group activities and indoor exercises
- Self catering facilities
- Communal TV / reading room
- Laundry facilities
- All linen and towels
- Complimentary tea and coffee
- Storage areas and lockers

For your team-building trip we provide the services of a local guide to help you plan an advance itinerary, we can help facilitate:

- A local host club or clubs
- All transport
- The use of Gaelic pitches and training pitches
- Maps and/or guides to cross country tracks
- Challenge matches and mini-tournaments
- County players from Armagh to speak to underage teams
- Massage therapy
- Spa treatments
- Pilates, Aerobics and Indoor exercise classes
- Hydro ice baths
- Access to indoor and outdoor synthetic sports pitches
- Guided tours of the area (political, historical, or hiking tours)
- Evening entertainment and nightlife

Tí Chulainn is located within an area officially marked as 'An area of outstanding natural beauty' and offers easy access to Slieve Gullion and the Cooley Mountains. Short walks or all day hiking can start and end at Tí Chulainn.



www.tichulainn.com



Local attractions include:

- 5 different golf courses, pitch & putt, and a driving range
- Hiking and cycling trails
- Cross country running tracks
- Horse-riding centres
- Fishing / angling in lakes and rivers
- Indoor and outdoor go-karting
- Greyhound and horse racing (Dundalk Stadium)
- Paintballing
- Dundalk IceDome – ice skating, ice karting, ice hockey matches
- Dundalk SportsBowl – Ten pin bowling
- JJB SoccerDome
- Newry City Centre
- Dundalk Town Centre



For further information see <http://www.tichulainn.com>

And contact Damien on tichulainncentre@btconnect.com

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Below are the crests of some of the Gaelic Football teams in the immediate local area; these teams cover all age groups and divisions within the County Armagh Leagues and Championships, many also have Ladies football teams. Tí Chulainn can also facilitate links with local hurling and camogie clubs.

